

Kihonkai KWF Invitational Championships 2015

- Date - Sunday 15th March 2015
- Venue - Lesmahagow High School, Strathaven Road, Lesmahagow. ML11 0FS.
- Time - 10 00 hrs - Competition Commences with Kata.
- Entry Fee - £8 (per person, per event)
- Spectators Fee - £3
- Prizes - There will be a medal awarded for 1st, 2nd and 3rd in Kata events, and for 1st, 2nd and 3rd in Kumite events.
Every entry will receive a commemorative medal
- Photography - Photography will be freely allowed of all competitors.
Anyone with any objections should not enter the competition.

Coach

The coach shall at all times during the tournament wear either a karate-gi or tracksuit with an identifying badge on both.

The Coach has the power to:

1. Make a protest to the Chief Referee (**which must be in writing**).
2. Coach.
3. Communicate with his athletes during temporary halts of the bout (Yame to Hajime).
4. Approach the Arbitrator on matters of administration.
5. Only one Coach per tatami per federation is permitted at any one time.
6. Coaches must at all times conduct themselves in a disciplined manner.

Coaches are responsible for all the people attached or associated to their club/federation and it is their responsibility to make sure that their members behave in a proper manner.

Scoring

Competition will be run on JKA Style rules.

No point shall be awarded if the competitor injures his opponent, even if the injury is only very minor and a warning or penalty may be imposed against the offender.

1. Scores shall be as follows:
 - a) Ippon (one point).
 - b) Waza-ari (one half points).
2. The scoring areas shall be limited to the following:
 - a) Head (no head contact for competitors under 10 years of age)
 - b) Face (no face contact for competitors under 10 years of age)
 - c) Neck (no neck contact for competitors under 10 years of age)
 - d) Abdomen
 - e) Chest
 - f) Side
 - g) Back (excluding shoulders)

Prohibited Behaviours

1. Fail to comply with the orders of the Referee.
2. Time-wasting.
3. Any unsporting behaviour such as verbal abuse, provocation or needless utterances.
4. Any behaviour likely to bring Karate into disrepute (this includes coaches and manager or anybody connected with the contestant).
5. Lack of regard for the contestant's own safety (Mubobi).
6. Exaggerated actions and/or reactions (i.e. faking of injury).

Dress & Equipment

1. Competitors

- a) Competitors shall wear a clean and white Karate-Gi.
- b) No advertising shall be allowed
- c) The jacket when worn with a belt, must in principle, cover the hips but must not be more than three-quarters thigh length. Only female competitors are allowed to wear a plain clean white T-shirt underneath the Gi. The sleeves of the jacket must not be longer than the join of the wrist and the hand, and no shorter than half way up the forearm. Sleeves shall not be rolled up.
- d) The trousers must cover at least two thirds of the shin and shall not be rolled up.
- e) In Kumite matches, and in Kata events that use the flag system of scoring, one of the contestants shall for identification purposes fasten a red or white belt around their waists in addition to their own individual grade belt. All belts must be standard size (around five cm. wide and long enough to allow fifteen cms. free on either side of the knot).
- f) Contestants shall keep their finger and toe- nails short, their hair clean and tidy and shall not wear metallic objects or the like on their body which might cause injury to their opponent.
- g) Contestants are not allowed to wear bandages or supports, except with the prior approval of the Referee on the advice of the Tournament Doctor.
- h) Spectacles are not allowed in Kumite. Soft contact lenses may be worn at the contestant's own risk.
- i) Metallic teeth braces must be approved by the Referee on the advice of the Tournament Doctor and will be used at the contestants own risk.

2. Shobu Ippon

The following rules apply to the wearing of devices for protection:

- a) Groin protectors are MANDATORY in Kumite Shobu Ippon.
- b) Chest protectors are ADVISED in Kumite Shobu Ippon.
- c) Gum shields are MANDATORY in Kumite.
- d) Mitts are MANDATORY in Kumite Shobu Ippon.
- e) Shin protectors are FORBIDDEN in Kumite Shobu Ippon.
- f) .Shin/instep protectors are FORBIDDEN

Organisation for Kata Contest

Round	Round 1	Round 2	Round 3 (Final)
Scoring	5.0 - 7.0	5.0 - 7.0	5.0 – 7.0
Kata Type	Shitei	Sentei	Tokui

There is adequate parking at this venue